

# THE HISTORY OF THE BEER

BEER IS A BEVERAGE MADE FROM CEREALS, MOSTLY BARLEY AND WHEAT, WHICH IS BREWED AND FERMENTED TO PRODUCE AN ALCOHOLIC BEVERAGE. THE HISTORY OF BEER IS AS OLD AS HUMANITY, WITH EVIDENCE OF BEER DRINKING IN MESOPOTAMIA AND EGYPT AS EARLY AS 5000 BC.

BEER WAS FIRST BREWED IN MESOPOTAMIA, WHERE IT WAS KNOWN AS 'KALESIM'. THE SUDANESSE BEER, 'TIGRA', IS A TRADITIONAL BEER FROM THE TIGRIS RIVER VALLEY, WHICH IS MADE FROM BARLEY AND WHEAT.

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